



## Bally's Mambo

Choreographed by Rosie Multari

**Description:** 32 count, 4 wall, beginner mambo line/contra dance

**Music:** **Bye Bye** by David Civera [Caribe 2003 / CD: Playa Total 8 / La Chiqui Big Band / CD: CD Single]

**Blame It On The Bossa Nova** by Jane McDonald [164 bpm]

**Simplemente** by Chayanne [110 bpm / Simplemente]

**Here Is My Heart** by Lionel Richie [96 bpm / Renaissance]

**Mambo Italiano** by Rosemary Clooney [150 bpm / 16 Biggest Hits / Available on iTunes]

**Mambo No. 5** by Lou Bega [96 bpm / A Little Bit Of Mambo / Available on iTunes]

**Sex On The Beach** by T-Spoon [100 bpm / CD Single]

**Volcano** by Jimmy Buffett [All The Great Hits / CD: Best Of Toe The Line / Available on iTunes]

Start dancing on lyrics

### BASIC MAMBO PATTERN TWICE

1&2 Step left forward, step right in place, step left next to right  
 3&4 Step right back, step left in place, step right next to left  
 5&6 Step left forward, step right in place, step left next to right  
 7&8 Step right back, step left in place, step right in place

### BASIC SIDE MAMBO PATTERN TWICE

1&2 Step left to side, step right in place, step left next to right  
 3&4 Step right to side, step left in place, step right next to left  
 5&6 Step left to side, step right in place, step left next to right  
 7&8 Step right to side, step left in place, step right next to left

### QUICK STEP SLIDE, CROSS MAMBOS

1&2&3&4& Step left to side, step right next to left, step left to side, step right next to left, step left to side, step right next to left, step left to side, hold  
 5&6 Cross right over left, step left in place, step right next to left  
 7&8 Cross left over right, step right in place, step left next to right

### QUICK STEP SLIDE, CROSS MAMBOS, ¼ TURN RIGHT

1&2&3&4& Step right to side, step left next to right, step right to side, step left next to right, step right to side, step left next to right, step right next to left, hold  
 5&6 Cross left over right, step right in place, step left next to right  
 7&8 Cross right over left, step left in place, step right ¼ turn right

### REPEAT

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