

Ease On Down

Choreographed by: Rachael McEnaney, JP & Bracken Ellis Potter

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Description:	64 Counts, 4 Walls, Intermediate
Music:	Ease On Down The Road – Michael Jackson and Diana Ross
Count In:	Dance start 16 counts after beat kicks in – on lyrics.
Notes:	There is 1 Tag/Restart on the 4 th wall – see notes below.

Section	Footwork	End Facing
1 - 8	Double syncopated vine left, step close, cross	
1 - 4	Step left to left side (1), cross right behind left (2), step left to left side (&), cross right over left (3), step left to left side (4)	12.00
5 - 6	Cross right behind left (5), step left to left side (&), cross right over left (6),	12.00
& 7 - 8	Step left to left side (&), step right next to left (7) (angle body to 1.30), cross left over right towards 1.30 (8)	1.30
9 - 16	2 Walks forward, ½ pivot turn, right shuffle forward, full turn (all on diagonals)	
1 - 4	Step forward on right (toward 1.30) (1), step forward on left (2), step forward on right (3), pivot ½ turn left (4) (weight ends left)	7.30
5 & 6	Step forward on right (5), step left next to right (&), step forward on right (6),	7.30
7 - 8	Make ½ turn right stepping back on left (7), make ½ turn right stepping forward on right (8)	7.30
17 - 24	Cross rock, side left shuffle, cross, ¼ turn stepping back, right coaster step.	
1 - 4	Cross rock left over right (1), recover weight to right (2), step left to left side (3), step right next to left (&), step left to left side (4) <i>(you will square up to face the back walk as you do the left side shuffle)</i>	6.00
5 - 6	Cross right over left (5), make ¼ turn right stepping back on left (6)	9.00
7 & 8	Step back on right (7), step left next to right (&) step forward on right (8)	9.00
25 - 32	Step ½ pivot turn, 2 walks, kick ,out out, in in, heel drop (knee pop)	
1 - 4	Step forward on left (1), pivot ½ turn right (2), walk forward on left (3), walk forward on right (4) <i>(these 2 walks could be prissy walks – imagine walking on one line or even crossing each foot slightly in front of the other)</i>	3.00
5 & 6	Kick left foot forward (5), step left foot out to left side (&), step right foot out to right side (shoulder width apart) (6)	3.00
& 7 & 8	Step left foot in towards right (&), step right next to left (7), lift both heels off floor popping knees forward (&), drop heels (8)	3.00
33 - 40	Side toe struts with hip bumps, slide, touch, kick ball cross	
1 & 2	Touch left to left side bumping hips left (1), bump hips right (&), bump hips left taking weight on left (2)	3.00
3 & 4	Cross right toe over left bumping hips forward right (3), bump hips left (&), bump hips right taking weight on right (4)	3.00
5 - 8	Take big step to left side (5), touch right next to left (6), kick right to right diagonal (7), step in place right (&), cross left over right (8)	3.00
41 - 48	Repeat 33 – 40 on right side	
1 & 2	Touch right to right side bumping hips right (1), bump hips left (&), bump hips right taking weight on right (2)	3.00
3 & 4	Cross left toe over right bumping hips forward left (3), bump hips right (&), bump hips left taking weight on left (4)	3.00
5 – 8	Take big step to right side (5), touch left next to right (6), kick left to left diagonal (7), step in place left (&), cross right over left (8)	3.00
49 - 64	Step touch x2, step side, cross heel touch, R touch cross, L touch cross, R touch cross, back side cross, side right, touch left.	
1 - 4	Step left to left side (1), touch right to right diagonal (2), step right to right side (3), touch left to left diagonal (4) <i>(sway with clicks)</i>	3.00
5 - 8	Step left to left side (5), touch right heel across in front of left (6), touch right to right side (7), cross right over left (8)	3.00
1 - 4	Touch left to left side (1), cross left over right (2), touch right to right side (3), cross right over left (4)	3.00
5 - 8	Step back on left (5), step right to right side (&), cross left over right (6), take big step to right side (7), touch left next to right (8)	3.00
TAG:	On 4th wall – You will begin 4 th wall facing 9.00. Do first 16 counts of the dance you will end facing 4.30. Add counts below then restart!	
1 - 4	Rock forward left (1), recover weight to right (2), make 3/8 turn to face front stepping forward on left (3), step right next to left (4)	12.00

START AGAIN, HAVE FUN! ☺