



Swing Low Sweet Chariot

Choreographed by Jo Thompson Szymanski

Description: 32 count, 2 wall, beginner/intermediate line dance

Music: **Swing Low Sweet Chariot** by Scooter Lee [CD: Go To The Rock / Available on iTunes]

Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "swing"

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

- 1&2 Chassé side right, left, right
- 3-4 Rock back with left foot, replace weight forward to right foot
- 5&6 Chassé side left, right, left
- 7-8 Rock right back, recover to left

DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE

- 1 Step right diagonally forward
- 2 Touch ball of left foot beside right, keep weight on right foot
- The diagonal step on count 1 can be a slightly larger step for emphasis*
- 3&4 Kick left forward, rock back with ball of left, recover weight forward to right foot
- 5 Step left diagonally forward
- 6 Touch ball of right foot beside left, keep weight on left foot
- The diagonal step on count 5 can be a slightly larger step for emphasis*
- 7&8 Kick right forward, rock back with ball of right, recover weight forward to left foot
- During the above 8 counts, keep your body facing forward*

FORWARD ROCK, BACK ROCK, TWO ¼ TURNS LEFT

- 1-2 Rock right forward, recover to left
- 3-4 Rock right back, recover to left
- 5-6 Step right forward, turn ¼ left, shift weight to left foot
- 7-8 Step right forward, turn ¼ left, shift weight to left foot

WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP

- 1-3 Step right forward, step left forward, step right forward
- 4 Kick left forward, clap hands and say whooo!
- 5-6 Step left back, step right back foot
- 7&8 Step left back, step right together, with left foot, step forward and slightly across in front of right

REPEAT

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