



WALKIN' BLUES (AKA DUDE A WHOP)

a 48 count, 2 wall, *west coast swing* based line dance

Choreographed by: **Jill Babinec** and **Debi Pancoast**, 09/09/11

Contact: Jill: toofdds1@aol.com, p: 330-519-3871 and Debi: dmpancoast@gmail.com, p: 203-641-5301

Choreographed to: **Walkin' Blues** by Melinda Doolittle, album: *Coming Back To You*, available as single

Intro: **48 count intro**, to start when beat really kicks in at "Lord, I feel like..."

1 – 8 "Pelvis Rock", Recover, Syncopated Weave, Press Fwd, Recover/Sweep, ¼ Sailor Step

1,2 Push R pelvis forward as you rock forward on R foot; Recover weight back on L opening slightly to left

3&4 Turn ¼ left to face 9:00 stepping R behind L; Step side L; Step R across L

5,6 Press forward and slightly across on ball of L; Recover weight back on R and release L into sweep from front to back with ¼ turn L

7&8 Finish ¼ turning sweep to face 6:00 stepping L behind R; Small step side R; Slight step forward L

9 – 16 Lady's Basic: Walk, Walk, Forward Anchor-Back, Ball-Change-Heel, Ball-Walk, Walk

1,2 Walk forward R, L

3&4 Small rock forward R; Recover weight back on L; Large step back R as you slightly drag L to R

5&6 Small step back L; Step R next to L; Touch L heel forward

&7,8 Step together on ball of L; Walk forward R, L

17-24 ½ Turning Hip Bumps/Roll (R, L, R, L, R, L), Mambo Step

1,2 Step forward R pushing hips forward; Push hips back taking weight on L

3,4 Turn ¼ left to face 3:00 while you push hips side right taking weight on R; Push hips side left taking weight on L

5-6 Turn ¼ left to face 12:00 while you push hips back taking weight on R; Push hips forward taking weight on L

Option - Substitute a forward hip roll by "sitting" back into the R foot on 5, and roll hips forward and up to take weight on the L on 6

7&8 Rock forward R; Recover weight back on L; Step together or slightly back R

25-32 Rock & Hitch, Shorty George (or Run-Run-Run), Mambo Step, Coaster

1&2 Rock forward L; Recover weight back on R; Hitch L bringing L hip and knee up with toe pointed down

3&4 *Shorty George*: Step forward L bending knees slightly and pushing knees to the left; Step forward R bending knees slightly and pushing knees to the right; Step forward L straightening up a bit

Option: 3 small low running steps forward L, R, L

5&6 Rock forward R; Recover weight back on L; Step together or slightly back R

7&8 Step back L; Step R next to L; Step forward L

33-40 Walk, Walk, English Cross, Step, Sweep, Cross, Rock-Recover-Cross

1,2 Walk forward R, L

&3,4 Small step forward on ball of R angling slightly left; Step L across R still angled slightly left; Step forward R squaring up to 12:00

5,6 Sweep L from back to front as you turn ½ right to face 6:00; Step L across R

7&8 Rock side R; Recover weight to L; Step R across L

41-48 Rock-Recover-Prep, Reverse Triple Turn (or Side Triple Step), Samba Cross-Side-Step, "Roly Poly Jazz Box"

1&2 Rock side L; Recover weight to R; Step L across R

3&4 Turn ¼ left to face 3:00 stepping back R; Turn ½ left to face 9:00 stepping forward L; Turn just shy of ¼ left to face 7:00 stepping side R

Option – Triple step side R: Step side R, Step L next to R, Step side R

5&6 Step L across R; Rock side R; Recover weight on L

7&8& Roll hips counter-clockwise through these counts while you step R across L; Step back L; Step side R; Step forward L

Note: The momentum of your hips from this full circle hip roll should segue nicely into the "Pelvis Rock" at the beginning of the dance.