

MICHAEL BARR'S :

COOIN' & A WOON'

Description: 32 Count Line Dance --Two Wall *Difficulty: Intermediate* *Lead: Start on vocals*
Choreographer: Michael Barr, "A Waltz In Time Productions", San Francisco Bay Area, USA 11/99
Suggested music: "Itty Bitty, Little, Singletary, Solitary Piece of My Heart by Lari White (116 bpm)
CD - The Best Of Lari White
Teaching music: Any slower west coast swing music
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SAILOR SHUFFLE, BEHIND, 1/4 LEFT, 1/4 LEFT - 1/4 TURN COASTER, BRUSH-BRUSH-TOUCH

1 & 2 Cross step L behind right; Step ball of R side right; Step L side left
3 & 4 Cross step ball of R behind left; Step L into 1/4 turn left; Step R into 1/4 left stepping side right
5 & 6 Turning on ball of right 1/4 left step back on ball of left; Step ball of R next to left; Step L forward
7 & 8 Brush R forward; Brush R across left shin; Touch R toe on left side of left foot

Option Keeping R toe on the floor, draw a circle crossing over the left foot [7]; Touch R on left side of left foot [8]

FORWARD, TOUCH, FORWARD, TOUCH – FORWARD, TOUCH - BACK 1/4 LEFT. TOGETHER

Styling: Place hands on top of thighs, fingers facing down, elbows bent out to the sides.

1 - 2 Step R forward; Touch L forward
3 - 4 Step L in place; Touch R forward
5 - 6 Step R in place; Touch L forward
7 - 8 Take big step back on L turning 1/4 left; Step R next to left [pop the left knee forward]

KICK-BALL-FORW. WALK, WALK - KICK-BALL-FORW. TWIST & TWIST 1/4 LEFT

Styling: During the forward steps bring the hips forward first to add some styling.

1 & 2 Kick L forward; Step ball of L next to left; Step R forward
3 - 4 Walk forward on L; Walk forward on R
5 & 6 Kick L forward; Step ball of L next to left; Small step R forward
7 & 8 Swivel heels right starting a 1/4 turn left; Swivel heels left; Return heels center finishing the 1/4 turn left [wiegth R]

KICK-BALL-FORW. WALK, WALK - KICK-BALL-FORW. TWIST & TWIST 1/4 LEFT

Styling: During the forward steps bring the hips forward first to add some styling.

1 & 2 Kick L forward; Step ball of L next to left; Step R forward
3 - 4 Walk forward on L; Walk forward on R
5 & 6 Kick L forward; Step ball of L next to left; Small step R forward
7 & 8 Swivel heels right starting a 1/4 turn left; Swivel heels left; Return heels center finishing the 1/4 turn left [wiegth R]

BEGIN AGAIN!!!

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