

DANCING HEARTS

Description: 48 count - 1 wall Waltz line dance High Beginner / Easy Intermediate
Choreographer: Michael Barr, "A Waltz In Time Productions", Corning, California, USA – May 2001
Music: "Their Hearts Are Dancing" by The Forester Sisters 102 bpm CD – I Got A Date or Greatest Country Dance Record Ever: Vol. 1 Warner Bros.
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This Dance Can Be Seen On Vol. V of our Instructional Video series.

A note on the use of counts 2 and 5 while dancing on the diagonals: Let's use a new spelling to make a point. Spell the word 'TWO' like this; TWOOOZ. Let's break it into two parts. First, step on the 'TWO', then on the 'OOZ', or the end of 2, start to turn towards your new direction, like a diagonal as in this dance. You still only have the one count to do two directives; stepping and initiating the new angle or turn. This will prepare you to step comfortably for count 3 (same principal applies for count 5 to 6). What I hope to achieve is to prepare you for directional changes just before you need them, which can help to make the Waltz the flowing dance that it was intended to be. **And lastly**, when turning during this dance from one wall to another, remember to end up on the diagonals each time which will give the look you want.

1 - 6 (Start dance facing the left diagonal) TWINKLE LEFT, TWINKLE RIGHT

1 - 3 RF stride forward on left diagonal; LF step forward then turn to the right diagonal; RF step forward
4 - 6 LF stride forward on right diagonal; RF step forward then turn to the left diagonal; LF step forward

7 - 12 TWINKLE w/¼ TURN RIGHT - TWINKLE RIGHT (make sure you travel towards the ¼ wall)

1 - 3 RF stride forward on left diagonal; LF step forward then turn to ¼ wall right; RF step side right on right diagonal
4 - 6 LF stride forward on right diagonal; RF step forward then turn to the left diagonal; LF step forward

13 - 18 TWINKLE w/¼ TURN RIGHT - LUNGE (ROCK), RETURN, STEP SIDE TO LEFT DIAGONAL

1 - 3 RF stride forward on left diagonal; LF step forward then turn to ¼ wall right; RF step side right on right diagonal
4 - 6 LF lunge (rock) forward on right diagonal; Return weight onto RF in place; LF step side left to left diagonal

19 - 24 STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, STEP SIDE, STEP FORWARD

1 - 3 RF stride forward on left diagonal; LF step forward; RF step back
4 - 6 LF stride back; RF step side right on right diagonal; LF step forward on right diagonal

25 - 30 STRIDE FORWARD, STEP FORWARD, STEP BACK - STRIDE BACK, DRAG...

1 - 3 RF stride forward on right diagonal; LF step forward; RF step back
4 - 6 LF stride back on left diagonal; RF drag towards left; RF finish drag next to left (weight stays on left)

31 - 36 TWINKLE LEFT – STRIDE, ¼ TURN LEFT, ¼ TURN LEFT

1 - 3 RF stride forward on left diagonal; LF step forward then turn to right diagonal; RF step forward
4 - 6 LF stride forward on right diagonal; Turning ¼ left step back on RF; Turning ¼ left step LF side left

37 - 42 CROSS, SIDE, BEHIND – STRIDE SIDE LEFT, DRAG...

1 - 3 RF stride side left crossing over left; LF step side left; RF step side left crossing behind left
4 - 6 LF stride side left; RF drag towards left; RF finish drag next to left (weight stays on left)

43 - 48 THREE STEP (FULL) TURN RIGHT – LUNGE, RETURN, STEP SIDE (end facing left diagonal)

1 - 3 RF stride ¼ turn right, step forward; LF step ½ turn right, step back; RF step ¼ turn right, step side right
4 - 6 LF lunge (rock) forward on right diagonal; Return weight onto RF in place; LF step side left to left diagonal

BEGIN AGAIN!!!

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