

**MICHAEL BARR'S HUSTLE LINE DANCE:**

**“HEY BRUCE...”**

*Description:* 48 Count - 2 Wall Line Dance    *Difficulty:* Intermediate  
*Choreographer:* Michael Barr, “A Waltz In Time Productions”, Corning, CA. USA  
*Music-Hustle:* “The Heat Is On” by La Bouche (122 bpm)- Sweet Dreams CD - RCA 07683-66759-2  
*Country:* “Hey Baby” by Alabama (126 bpm) On The Boulevard CD- RCA 07863-67426-2  
*Prepared by:* Michael Barr, Instructor/Choreographer/DJ, - Phone & fax 530-824-6888  
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*This Dance Can Be Seen On Vol. 1 Of My Instructional Video.*

**A. BACK-FORWARD, FORWARD, 1/2 PIVOT, TOUCH -- STEP, TOUCH, STEP, TOUCH**

*The step - touches in section A (4-8) & B (1-2) progress towards back wall with body & feet turning to R & L diagonals.*

& 1 - 2    **Rock back on ball of L;** Return onto R stepping forward; Step L forward  
3 - 4       Turn 1/2 right on ball of left stepping R in place; Touch L toe forward  
5 - 6       Step onto L in place of previous touch; Touch R toe forward  
7 - 8       Step onto R in place of previous touch; Touch L toe forward

**B. STEP, TOUCH, COASTER-STEP -- FORWARD, 1/2 PIVOT, SHUFFLE FORWARD (L,R,L)**

1 - 2       Step onto L in place of previous touch; Touch R toe forward  
3 & 4       [*Coaster*]: Step R back; Step L next to right; Step R forward  
5 - 6       Step L forward; Turn 1/2 right on ball of left stepping onto R foot [*facing starting wall*]  
7 & 8       [*Shuffle forward*]: Step L forward; Step ball of R next to left; Step L forward

**C. FULL TURN, FORWARD, SIDE-CLOSE-CROSS -- SIDE, CROSS, 1/4-1/4-SIDE**

1 - 2       Step onto ball of R and execute full turn to the left [*lift left just slightly off floor*]; Step L forward  
& 3 - 4       **Step ball of R side right & forward;** Close L next to right; Cross step R in front of left  
5 - 6       Step L side left; Cross step R behind left  
& 7 - 8       **Step L forward into 1/4 turn left;** Step R forward into 1/4 turn left; Step L side left

**D. CROSS, SIDE, CROSS-1/4-1/4 -- SIDE, CROSS, STEP SIDE, RETURN**

1 - 2       Cross step R over left; Step L side left  
& 3 - 4       **Cross step ball of R behind left;** Step L forward into 1/4 turn left; Step R forward into 1/4 turn left  
5 - 6       Step L side left with body facing left diagonal; Cross step R over left with body facing left diagonal  
7 - 8       Step L side left with body facing left diagonal; Return weight onto R in place and lift left heel off the floor [*body is now centered*]

**E. LEFT HEEL TAPS (4 TIMES) -- RIGHT HEEL TAPS (4 TIMES)**

1 - 4       With weight on ball of L tap left heel down 4 times [*keeping weight right slowly turn body towards the left diagonal changing weight to the left & lifting right heel off floor on count 4.*]  
5 - 8       With weight on ball of R 5tap right heel down 4 times [*keeping weight left slowly turn body towards the right diagonal changing weight to the right & lifting left heel off the floor on count 8.*]

**F. SHIFT, SHIFT, ROCK-RETURN, 1/4 TURN LEFT, STEP (Repeat rock-return, 1/4 left, step)**

1 - 2       Shift weight to L foot [*right heel off floor*]; Shift weight to R foot [*left heel off floor*]  
& 3       **Rock back onto ball of L;** Return onto ball of R foot  
4 - 5       Step L forward into 1/4 turn left; Step R next to left  
& 6       **Rock back onto ball of L;** Return onto ball of R foot  
7 - 8       Step L forward into 1/4 turn left; Step R next to left

**BEGIN AGAIN!!! HAND/ARM STYLING ON BACK PAGE.**

## “HEY BRUCE...”

**HAND/ARM STYLING:** *There are some special hand/arm movements in sections A, counts 4,5,6,7,8, and in section B, counts 1,2. On coming out of the 1/2 pivot (count 3) in section A the man will take his right hand and comb his fingers through his hair on the right side for count 4. As the right hand does the combing the left arm/hand will rise up straight in front of you (parallel to the floor, palm down) flexing the fingers as the music reaches the end of count 4. To prepare for the combing start to bring the hand up on count 3 ready to comb on count 4. The Man will then drop his hands for count 5 switching sides to comb hair with the left and rising and flexing the right on count 6, repeat for counts 7, 8 and for counts 1, 2 of section B. The lady will use her right hand with closed fingers to run the palm over her head (not to mess her hairdo) on count 4 (remember to prepare on count 3). As the right hand/palm goes over the head the left arm/hand will rise up straight in front of you (parallel to the floor, palm down) flexing the fingers as you reach the end of the count 4. Remember these are optional. You have 7 counts to play with, so please do what feels good to you. **Maybe you might just snap the fingers!!!!***

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***The following sheds some light on the hustle rhythm and how the idea for the dance came about***

**COUNTING:** *As a beginner Hustle student I was immediately taken by the rhythm and jumped at the chance to create a dance with the hustle steps in mind. The couples Hustle count is; & 1 2 3, repeat, repeat, etc. To keep the feeling of the hustle rhythm you leave the ‘&’ count in front of the whole counts. Thus, you must emphasize the & count differently then the ‘&’ count in the triple step. It will come first which will be the quick part to be emphasized (bold print on step description).*

**CHOREOGRAPHERS NOTE:** *This line dance came about through a friendly challenge of an informal contest put on by Robert Royston in one of his Hustle classes at the Cowboy Country Club in Pleasanton, CA. The challenge was to anybody in the class to create a Hustle line dance. Lori Wong was in the class and accepted the challenge. Could I not? The answer is “Hey Bruce...”.*

**THE NAME OF THE DANCE:** *The name “Hey Bruce...” came from the song Hey Baby by Alabama and the line “Hey Bruce.....that’s my wife” is heard at the end of the song.*