

# Holdin' Back the Water

*Description:* 16 count – 2 wall line dance. That's right, 16 counts!!! *Level:* High Beginner  
*Choreographer:* Michael Barr, "A Waltz In Time Productions", Corning, California, USA  
*Suggested Music:* "Rompin' Stompin' Bad News Blues" by the Judds, Love Can Build a Bridge, 84 bpm, 16 ct. lead  
*English Import:* "Holdin' Back" by Redfern & Crookes, After All That, This, 77 bpm, 16 ct. lead  
**Music Note:** **The count for each of the suggested pieces of music uses the slow tempo.**  
*Prepared by:* Michael Barr, Instructor/Choreographer/DJ, - Phone & fax 530-824-6888  
*Web Access:* <http://www.michaelandmichele.com> Email: [mbarr@saber.net](mailto:mbarr@saber.net)

You can purchase the Redfern & Crookes album through, [www.linedance.co.uk](http://www.linedance.co.uk) or contact me.

## **1 – 4 WALK, WALK - FORWARD, ½ PIVOT, FORWARD**

1 – 2 Step right foot forward; Step left foot forward;  
3 Step ball of right foot forward  
& Pivot ½ turn left, shifting weight forward to left foot  
4 Step right foot forward

## **5 - 8 WALK, WALK - ROCK FORWARD, RETURN, ½ TURN**

1 – 2 Step left foot forward; Step right foot forward;  
3 Step ball left foot forward  
& Return weight to right foot in place  
4 Turn ½ left, stepping left foot forward

*Styling:* Allow your right leg/foot to swing around low after count 4 [like a sweep], preparing for the next step.

## **9 - 12 SYNCOPATED 3 STEP JAZZ BOX - CROSS, SIDE, BEHIND**

1 & 2 Step right foot across in front of left; Step left foot back;  
Step right foot to right side and slightly back [body is now facing the right diagonal]  
3 & 4 Step left foot in front of right; Step right foot to right side;  
Step left foot behind right and slightly back  
[when you step behind on count 4 allow your body to face the left diagonal]

## **13 - 16 RIGHT SCISSORS - ½ TURN WALK (L, R, L,)**

1 Step onto ball of right foot side right and slightly back [*think 'lift'*]  
& Step onto ball of left next to right [*think 'lift'*]  
2 Step right in front of left [*think 'lower'*]

*Note:* You have stayed facing the left diagonal during these last 2 counts.

3 Begin a smooth rounded [½ turn by count 4] to the left starting with a step on the left foot  
& Continue your turn with another step heading around to your left on the right foot  
4 Finish your ½ turn to face the back wall stepping forward on the left foot

*Note:* Counts 3 & 4 are meant to be a rounded turn, making an arch in 3 walking steps.

**BEGIN AGAIN!!!**