

MOOOWN BOOGIE MIXER

Description: 64 ct. Circle Mixer dance – Boogie 2007 **Difficulty:** Easy Intermediate
Choreographers: Michele Burton & Michael Barr **Date:** March 2007
Suggested Music: “Ain’t Too Proud To Beg” by the Temptations **BPM:** 120
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Circle Dance: Facing down line of dance - 3 Dancers side by side – Almost the same foot work*. The partner change happens in the first two counts of 8.

1 – 8 SHUFFLE FORWARD 2 X – PIVOT ½ TURN – WALK WALK

1&2-3&4 Shuffle forward R,L,R; Shuffle forward L,R,L
5 - 8 Step R forward; Pivot ½ turn left shifting weight to the L; Walk R; Walk L
***To Mix:** The middle dancer will do the last 4 counts like this:
5 – 8 Rock R forward; Return wt to left; Rock R back; Return wt to left

9 - 16 REPEAT 1-8 – SHUFFLE FORWARD 2 X – PIVOT ½ TURN – WALK WALK

1&2-3&4 Shuffle forward R,L,R; Shuffle forward L,R,L
5 – 8 Step R forward; Pivot ½ turn left shifting weight to the L; Walk R; Walk L
***To Mix:** The middle dancer will do the last 4 counts like this:
5 – 8 Rock R forward; Return wt to left; Rock R back; Return wt to left
There is now a new trio. You pass one person and then join with the second person on cts., 7,8.

17 - 24 DIAGONAL WALKS - TAP TAP – BACK BACK – COASTER STEP

1 - 4 Step R forward on the right diagonal; Step L forward on the right diagonal
3 - 4 Tap the ball of the R **twice** towards the forward right diagonal (turn the upper body slightly right)
5 - 6 Step R back; Step L back
7 & 8 Step R back; Step L next to right; Step R forward on the left diagonal

25 - 32 REPEAT 17-24 (L) DIAGONAL WALKS - TAP TAP – BACK BACK – COASTER STEP

1 - 2 Step L forward on the left diagonal; Step R forward on the left diagonal
3 - 4 Tap the ball of the L **twice** towards the forward left diagonal (turn upper body slightly left)
5 - 6 Step L back; Step R back
7 & 8 Step L back; Step R next to left; Step L forward

33 - 40 TEMPTATION HAND ROLLS R & L – 3 STEP FULL TURN W/ SNAPS

1&2-3&4 Triple in place to the right diagonal, R,L,R (roll the fists around each other); Repeat on L
5 - 8 Rolling full turn to the right, R,L,R; Hold and snap fingers of both hands chest high

41 - 48 3 STEP FULL TURN W/ SNAPS - TEMPTATION HAND ROLLS R & L w/ ¼ TURN LEFT

1 - 4 Rolling full turn to the left, L,R,L; Hold and snap fingers of both hands chest high
5 & 6 Triple in place to the right diagonal, R,L,R (roll the fists around each other)
7 & 8 Triple ¼ L, L,R,L turning ¼ left on count 8 (facing inside of circle)

49 - 56 SIDE - TOGETHER - SIDE - HITCH 1/2 TURN - SIDE - TOGETHER - SIDE - TOUCH

1 - 4 Step R side right; Step L next to right; Step R side right; Hitch L and turn ½ right
5 - 8 Step L side left; Step R next to left; Step L side right; Touch R next to left

57 - 64 SHUFFLE FORWARD – STEP 1/2 PIVOT - 1/4 TURN SIDE STEP - SHOULDER SHRUGS

1&2 3-4 Step R forward; Step L next to right; Step R forward; Step L forward; Pivot ½ right shifting weight to R
5 – 6 Turn ¼ right (LOD) stepping L side left and Lift (shrug) R shoulder; Lower R and lift L shoulder
& 7- 8 Lower L and lift R shoulder; Lower R and lift L; Lower L and lift R (notice the ct. for the shoulder shrugs)

BEGIN AGAIN