

ONE LOVE

Description: 48 ct. 1 Wall Line Dance - 2 tags (see below) *Difficulty:* Intermediate *West Coast Rhythm*
Choreographer: Michael Barr, "A Waltz In Time Productions", Corning, California, USA 530.824.6888
Music suggestion: "One Love" by The Amazing Rhythm Aces - 132 bpm - Lead: 32 cts. - Amazon.com download
Web Site Access: www.MichaelandMichele.com - email mbarr@saber.net

1-8 WALK, WALK, ANCHOR TRIPLE STEP – TRIPLE LOCK BACK, ROCK RETURN

1 - 2 Walk forward with Right foot; Walk forward with Left foot
3 & 4 Open hips to right diag., step Right foot directly behind left heel, Step Left in place; Step Right foot in place (*square up*)
5 & 6 Open hips to left diag., step Left foot directly behind right heel; Step Right in place; Step Left foot in place (*square up*)
7 - 8 Rock back onto Right foot; Return weight onto Left foot in place

9-16 WALK, WALK, ANCHOR TRIPLE STEP - TRIPLE 1/2 TURN LEFT, 1/4 TURN LEFT TOUCH

1 - 2 Walk forward with Right foot; Walk forward with Left foot
3 & 4 Open hips to right diag., step Right foot directly behind left heel, Step Left in place; Step Right foot in place (*square up*)
5 & 6 Turn ¼ left stepping Left foot side left; Step Right foot next to left; Turn ¼ left stepping Left foot forward
7 - 8 Turn ¼ left stepping right side right (large step); Touch Left next to right (weight stays on right) (**facing 3 o'clock**)

17-24 BALL CHANGE CROSS, BALL CHANGE CROSS - SIDE, BEHIND, SIDE - CROSS, SIDE

& 1 - 2 Step ball of Left foot slightly back on left diagonal; Step Right foot in place; Step Left forward in front of right
& 3 - 4 Rock onto ball of Right foot side right; Return weight onto Left foot in place; Step Right forward in front of left
5 Step Left foot side left
6 & 7 Step Right foot behind left; Step Left foot side left; Step Right foot in front of left
8 Step Left foot side left

25-32 TOUCH, HOLD, BALL CROSS SIDE CROSS - SIDE TOUCH HOLD, BALL CROSS SIDE CROSS

1 - 2 Touch Right toe next to left foot; Hold (*or kick for a variation*)
&3&4 Step ball of Right slightly back; Step Left foot side right; Step ball of Right side right; Step Left foot side right
5 - 6 Touch Right side right; Hold (*or kick for a variation*)
&7&8 Step ball of Right slightly back; Step Left foot side right; Step ball of Right side right; Step Left foot side right

33-40 TURN 1/4 RIGHT, TOUCH, TURN 1/2 RIGHT, KICK - COASTER STEP, FORWARD, HITCH

1 - 2 Turn ¼ right stepping Right foot forward; Touch Left foot next to right (**facing 6 o'clock**)
3 - 4 Turning ½ right step back onto Left foot; Kick Right foot forward (**facing 12 o'clock**)
5 & 6 Coaster Step back: Step Right foot back; Step Left foot next to right; Step Right foot forward
7 - 8 Step Left foot forward; Hitch Right knee up

41-48 BALL CHANGE FORWARD X 2 - STEP SIDE RIGHT & BUMP RIGHT HIP 'WAG', BACK STEP

& 1 - 2 Step ball of Right foot slightly back on right diagonal; Step Left in place; Step Right forward
& 3 - 4 Step ball of Left foot slightly back on left diagonal; Step Right in place; Step Left forward
5&6&7&8 Step Right foot side right pushing hips side right & left for 4 counts (hip & hip & hip & hip = Wag ☺) (keep weight right)
& Step back on ball of Left foot - **IMPORTANT: IF ON WALL 1 OR 3 OMIT THE LAST '&' ct. AND DO THE TAG**

Begin Again (except on wall 1 & 3)

TAG:

***1-8 16 ct. TAG ON WALLS 1 & 3 - SAILOR STEP X 2 – SLOW SWAY LEFT, SLOW SWAY RIGHT**

1 & 2 Step Left foot behind right; Step Right foot side right; Step Left foot side left
3 & 4 Step Right foot behind left; Step Left foot side left; Step Right foot side right
5 - 6 Sway Body side left; Hold (you can do a body roll left if that fits for you)
7 - 8 Sway Body side right; Hold (you can do a body roll right if that fits for you)

***9-16 REPEAT TAG - SAILOR STEP X 2 – SLOW SWAY LEFT, SLOW SWAY RIGHT**

1 & 2 Step Left foot behind right; Step Right foot side right; Step Left foot side left
3 & 4 Step Right foot behind left; Step Left foot side left; Step Right foot side right
5 - 6 Slow sway of hips side left; Hold with weight on Left (you can do a body roll left if you like)
7 - 8 Slow sway of hips side right; Hold with weight on Right (you can do a body roll right if you like)
& Step back on ball of Left foot

Begin Again