

SOUL MAN



Description: 64 count - 2 wall line dance (Tag & Restart - see below) Easy Intermediate - Start on Vocals - March 2002
Choreographers: Michael Barr & Michele Burton, "A Waltz In Time Productions", Corning, California, USA
Music: "Soul Man" by Sam & Dave 112 bpm – The Best of Sam & Dave – cdnow.com
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1 – 8 WALK, WALK, SHUFFLE FORWARD - ROCK FORWARD-RETURN, COASTER STEP

1-2-3&4 Step Left forward; Step Right forward; **Shuffle** forward, L,R,L
5-6-7&8 Rock forward on Right foot; Return weight to Left in place; **Coaster:** Step R back; Step L next to right; Step R forward

9 - 16 STEP FORWARD, ¼ PIVOT R, CROSS & CROSS - SIDE ROCK-RETURN, ½ TURN TRIPLE RIGHT

1-2-3&4 Step Left forward; Pivot ¼ Right onto right foot; Cross step Left over right; Step Right side right; Cross step Left over right
5 – 6 Rock step Right side right; Return weight onto Left in place;
7 & 8 ½ **turn triple:** Step (swing) Right behind left turning ¼ right; Step Left next to right; Turning ¼ right step Right forward

17 - 24 FORWARD ROCK-RETURN, BACK-LOCK-BACK - ROCK BACK-RETURN, FULL TURN TRIPLE L

1-2-3&4 Rock forward on Left; Return weight Right in place; Step back on Left; Step Right back crossing over left; Step back on L
5 – 6 Rock back on Right; Return weight Left in place;
7 & 8 **Full turn triple:** Turning ½ left step back on Right; Turning ½ left step forward on Left; Step forward on Right

25 – 32 FORWARD ROCK-RETURN, BACK-HEEL-1/4 TURN-STEP - ROCK-RETURN, COASTER STEP

1 – 2 Rock forward on Left; Return weight to right in place
&3&4 [*&*] Step back on Left; [*3*] Touch R heel forward; [*&*] Step **ball** of R next left; [*4*] Turn ¼ left stepping Left forward
5-6-7&8 Rock forward on Right foot; Return weight to Left in place; **Coaster:** Step R back; Step L next to right; Step R forward

33 - 40 FORWARD, ½ PIVOT RIGHT, WALK, WALK - TOUCH SIDE & SIDE & FORWARD & STEP

1 – 4 Step Left forward; Pivot ½ right taking weight onto Right; Step Left forward; Step Right forward
5&6& [*5*] Touch Left side left; [*&*] Step Left next to right; [*6*] Touch Right side right; [*&*] Step Right next to left
7 & 8 [*7*] Touch Left toe forward; [*&*] Step Left next to right; [*8*] Step Right forward

Arms: **Count 5:** *Bending at elbows, bring forearms up, shoulder width, palms facing you about eyes high and snap your fingers.*
Counts & 6: *Cross arms (doesn't matter which way) in front of your chest. Snap fingers on count 6.*
Counts & 7: *Same position as count 5, snapping fingers on count 7. Counts & 8: Bring arms back down to your sides.*

41 - 48 FORWARD, ½ PIVOT RIGHT, WALK, WALK - SIDE TOUCH, STEP FORWARD X 2

1 – 4 Step Left forward; Pivot ½ right taking weight onto Right; Step Left forward; Step Right forward
5 – 8 Touch Left side left; Step Left forward in front of right; Touch Right side right; Step Right forward in front of left

49 - 56 FORWARD, ½ PIVOT RIGHT, WALK, WALK - TOUCH SIDE & SIDE & FORWARD & STEP REPEAT COUNTS 33- 40

1 – 4 Step Left forward; Pivot ½ right taking weight onto Right; Step Left forward; Step Right forward
5&6& [*repeat arms from above*] Touch Left side left; Step Left next to right; Touch Right side right; Step Right next to left
7 & 8 Touch Left toe forward; Step Left next to right; Step Right forward

57 - 64 FORWARD, ½ PIVOT RIGHT, WALK, WALK - SIDE TOUCH, FORWARD, TOUCH –LEAP/FLICK

1 – 4 Step Left forward; Pivot ½ right taking weight onto Right; Step Left forward; Step Right forward
5 – 7 Touch Left side left; Step Left forward in front of right; Touch Right side right
8 **Leap** onto Right foot next to left and flick/kick the Left up behind you. See arms below for count 8. ☺☺☺

Arms: **Bring both arm up, slightly bent at the elbows, ending with hands above your head with palms facing toward back wall.**

Lets do it and have a soulful time !!!

Tag & Restart: **On the 4th wall, complete count 32 (coaster, facing starting wall) and add:**

1 – 4 Step L forward; ½ pivot right [take weight right]; Repeat. Start the dance over from the top.