

Stop Messin' with My World

Description: 32 ct. 4 wall line dance Level: Intermediate 32 ct. lead WCS Rhythm 110 bpm
Choreographer: Michael Barr Phone/Fax (530) 824-6888
Suggested Music: My World by Ray Charles CD: My World - Available at Amazon or John Robinson
Web Access: www.michaelandmichele.com email: mbarr@saber.net

1 – 7 SKATE FORWARD RIGHT LEFT RIGHT – SIDE , TOGETHER, BACK, ROCK, RETURN

1-2-3 Bring Right knee in and then step (skate) Right forward on right diagonal; Repeat with Left; Repeat with Right
4 & 5 Step Left side left; Step close Right next to left; Step Left back
6 – 7 Rock back onto Right foot; Return weight onto Left in place

8 – 16 STEP-TURN-CROSS, PRESS, RETURN, BEHIND-SIDE-CROSS PRESS, RETURN, BEHIND-SIDE

8 & 1 Step Right forward; Pivot ¼ left onto Left foot; Cross step Right in front of left (facing 9 o'clock)
2 – 3 Press ball of Left to the forward left diagonal; Return weight to Right in place
4 & 5 Step Left back on the right diagonal; Step Right side right; Step Left forward on the right diagonal
6 & 7 Press ball of Right to the forward right diagonal; Return weight to Left in place
8 & Step Right back on the left diagonal; Step Left side left

17–24 SYNCOPATED PRESS FORWARD & BACK X 3 - SIDE, BEHIND-SIDE SYNCOPATED PRESS FORWARD & BACK X 3

1 & Press ball of Right to the forward left diagonal; Return weight to Left
2 & Press ball of Right to the back right diagonal; Return weight to Left
3 & Press ball of Right to the forward left diagonal; Return weight to Left
Note: Counts 4, 5, &, are transition counts to repeat the 3 Press-Ball>Returns with the left foot
4 Step Right side right (facing 9 o'clock)
5 & Step Left behind right; Step Right forward to the right diagonal
6 & Press ball of Left to the forward right diagonal; Return weight to Right
7 & Press ball of Left to the back left diagonal; Return weight to Right
8 & Press ball of Left to the forward right diagonal; Return weight to Right

25–32 SIDE, BEHIND, 1/4 TURN LEFT – 2 LOCKING STEPS, ROCK, RETURN

1 – 2 Step Left side left (slightly back on the left diagonal); Step Right behind left (still on left diagonal)
3 – 4 Turn ¼ left, stepping forward on Left (facing 6 o'clock)
4 & 5 Step Right forward; Step Left forward behind right (lock); Step Right forward
6 & 7 Step Left forward; Step Right forward behind left (lock); Step Left forward
8 & Rock forward on Right; Return weight back onto Left while turning 1/4 right (facing 9 o'clock)
{this leads you into your first 'skate' to begin the dance again}

Let's Dance It Again!