

Michele Burton & Michael Barr's
NO BAD NEWS

AKA
THIS OL' DANCE

Description: 32 ct.: 4 wall line dance (ccw rotation) **Difficulty:** Intermediate
Choreographers: Michele Burton/Michael Barr **Date:** July 2002
Suggested Music: Don't Nobody Bring Me No Bad News 128 bpm 8 ct. intro
CD: Soundtrack from THE WIZ - CD 2 Cut 6
Practice Music: Oops I Slipped and Fell In Love Alan Jackson 120 bpm
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Web Access: Access our step descriptions and more from: <http://www.MichaelandMichele.com>
Video: This dance can be seen on Vol. VI of our video series, A Waltz In Time Productions.

1 – 8 VINE RIGHT, STEP BACK, SIDE, CROSS, TOUCH

1 – 4 Step right foot to right; Step left behind right; Step right foot to right; Step left foot in front of right
5 – 8 Step right foot back; Step left foot to back left diagonal; Step right foot in front of left; Touch left toe to left (Styling: Cts. 5 – 7 are intended to be taken with large steps) (Optional arm styling: Snap fingers on ct. 8)

9 – 16 STEP ¼ TURN HITCH, STEP ½ TURN HITCH, TRIPLE FORWARD, ROCK AND STEP

1 – 2 Step forward on left foot; Make ¼ turn left on ball of left foot, hitching right foot
(Styling: Keep hitch low, point toe toward floor...you may want to hitch at ankle level or touch toe to floor)
3 – 4 Step forward on right foot; Make ½ turn right on ball of right foot, hitching left foot
5 & 6 Step forward on left; Step right beside left; Step forward on left
7 & 8 Rock forward on right; Return weight left; Step back on right

17 – 24 1/4 TURN SLIDE TOUCH, SHUFFLE FORWARD, ¾ BIG CIRCLE WALK AROUND

1 – 2 Turn ¼ turn left on ball of right foot, taking a large step left onto left foot; Touch right beside left
3 & 4 Step forward on right; Step left beside right; Step forward to right diagonal on right foot (12:00 wall)
5 – 8 Step forward on left and continue to walk to the right, making ¾ of a circle for counts 5 – 8 (9:00 wall)
(Optional arm styling: Raise arms in the "hallelujah church chorus style," or do whatever you deem to be entertaining and fun)

25 – 32 STEP TOUCH, AND TOUCH AND TOUCH, HIPS, HIPS, HIPS, HIPS

1 – 2 Step left foot to forward left diagonal; Touch right beside left
&3&4 Step right foot to forward right diagonal; Touch left beside right; Step left foot to forward left diagonal; Touch right beside left
5 – 8 Step right foot to right and sway hips right; Sway hips left; Sway hips right; Sway hips left, sliding right toe to touch beside left foot
(Optional arm styling: Hands in the baseball umpire's "safe" position: both hands away from body on ct. 5, cross at waist level on ct. 6, uncross hands away from body on ct. 7, snap fingers on ct. 8)

THE BROADWAY FINISH ☺

At the end, (wall 11), the music slows down on count 4 of the first set of 8. Ignore the slow music. Continue to dance through count 20 (shuffle forward). Pick up the slow beat on the word "NEWS." Take 8 slow steps, beginning on the left foot, making a ½ circle right and continuing forward toward the front of the room. (Arm styling: Slowly lift arms up (from sides) to high "V" position for counts 1 – 7. On count 8, cross wrists over head. Count & HIT high "V" position for BIG FINISH

LET'S DANCE IT AGAIN AND AGAIN