

Michele Burton & Michael Barr's  
**NO BAD NEWS**

AKA  
**THIS OL' DANCE**

**Description:** 32 ct.: 4 wall line dance (ccw rotation) **Difficulty:** Intermediate  
**Choreographers:** Michele Burton/Michael Barr **Date:** July 2002  
**Suggested Music:** Don't Nobody Bring Me No Bad News 128 bpm 8 ct. intro  
CD: Soundtrack from THE WIZ - CD 2 Cut 6  
**Practice Music:** Oops I Slipped and Fell In Love Alan Jackson 120 bpm  
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**Web Access:** Access our step descriptions and more from: <http://www.MichaelandMichele.com>  
**Video:** This dance can be seen on Vol. VI of our video series, A Waltz In Time Productions.

**1 – 8 VINE RIGHT, STEP BACK, SIDE, CROSS, TOUCH**

1 – 4 Step right foot to right; Step left behind right; Step right foot to right; Step left foot in front of right  
5 – 8 Step right foot back; Step left foot to back left diagonal; Step right foot in front of left; Touch left toe to left (Styling: Cts. 5 – 7 are intended to be taken with large steps) (Optional arm styling: Snap fingers on ct. 8)

**9 – 16 STEP ¼ TURN HITCH, STEP ½ TURN HITCH, TRIPLE FORWARD, ROCK AND STEP**

1 – 2 Step forward on left foot; Make ¼ turn left on ball of left foot, hitching right foot  
(Styling: Keep hitch low, point toe toward floor...you may want to hitch at ankle level or touch toe to floor)  
3 – 4 Step forward on right foot; Make ½ turn right on ball of right foot, hitching left foot  
5 & 6 Step forward on left; Step right beside left; Step forward on left  
7 & 8 Rock forward on right; Return weight left; Step back on right

**17 – 24 1/4 TURN SLIDE TOUCH, SHUFFLE FORWARD, ¾ BIG CIRCLE WALK AROUND**

1 – 2 Turn ¼ turn left on ball of right foot, taking a large step left onto left foot; Touch right beside left  
3 & 4 Step forward on right; Step left beside right; Step forward to right diagonal on right foot (12:00 wall)  
5 – 8 Step forward on left and continue to walk to the right, making ¾ of a circle for counts 5 – 8 (9:00 wall)  
(Optional arm styling: Raise arms in the "hallelujah church chorus style," or do whatever you deem to be entertaining and fun)

**25 – 32 STEP TOUCH, AND TOUCH AND TOUCH, HIPS, HIPS, HIPS, HIPS**

1 – 2 Step left foot to forward left diagonal; Touch right beside left  
&3&4 Step right foot to forward right diagonal; Touch left beside right; Step left foot to forward left diagonal; Touch right beside left  
5 – 8 Step right foot to right and sway hips right; Sway hips left; Sway hips right; Sway hips left, sliding right toe to touch beside left foot  
(Optional arm styling: Hands in the baseball umpire's "safe" position: both hands away from body on ct. 5, cross at waist level on ct. 6, uncross hands away from body on ct. 7, snap fingers on ct. 8)

**THE BROADWAY FINISH ☺**

At the end, (wall 11), the music slows down on count 4 of the first set of 8. Ignore the slow music. Continue to dance through count 20 (shuffle forward). Pick up the slow beat on the word "NEWS." Take 8 slow steps, beginning on the left foot, making a ½ circle right and continuing forward toward the front of the room. (Arm styling: Slowly lift arms up (from sides) to high "V" position for counts 1 – 7. On count 8, cross wrists over head. Count & HIT high "V" position for BIG FINISH

**LET'S DANCE IT AGAIN AND AGAIN**