

Rag Top Down

Description: 64 Ct. 4 wall Lindy Hop Rhythm **Difficulty: Intermediate**
Choreographer: Michele Burton mburtonmb@sbcglobal.net
Suggested Music: Rag Top Down by D.K. Davis & The Sharks **BPM: 160**
Intro: 16 ct. drum ~ 32 instrumental ~ Start on the word "It's"
Web access: www.MichaelandMichele.com
Download Music: [Itunes.com](https://www.apple.com/itunes) or [Amazon.com](https://www.amazon.com)

Characteristics of the Lindy Hop: There is actually no "hop" in the Lindy Hop. It is danced with a downward pulse. The look is down low, with bent knees, open arms, and a bend at the waist – not your typical dance posture. The Lindy Hop style originated in the Harlem jazz clubs in the 1920's and is the basis of all swing dances today.

NOTE: The line dance can be done without the bouncy feel, making it less aerobic and adaptable to more dance levels.

1 – 8 LINDY HOP CHARLESTON

- 1 – 2 Kick R forward/downward; Step R forward
- 3 – 5 Kick L forward/downward; Hitch L toward center of body; Kick L back
- 6 – 8 Step L back; Rock R back; Return weight to L

Easy Alternative: Kick R forward; Step R back; Touch L back; Step L forward - REPEAT

9-16 LINDY HOP CHARLESTON

- 1 – 2 Kick R forward/downward; Step R forward
- 3 – 5 Kick L forward/downward; Hitch L toward center of body; Kick L back
- 6 – 8 Step L back; Rock R back; Return weight to L

17-24 2 CROSS OVERS

- 1 – 4 Kick R to left front/downward diagonal; Step R across L; Rock L to left; Recover weight to R
- 5 – 8 Kick L to right front/downward diagonal; Step L across R; Rock R to right; Recover weight to L

25-32 SUZIE QS ~ JAZZ BOX 1/4 TURN

- 1 – 4 Grind R heel in front of L foot; Step L to left; Grind R heel in front of L foot; Step L to left (*these travel left*)
- 5 – 8 Step R over L; Step back on L; Turn ¼ R, step R to right; Step L forward

33-40 1/2 BREAKS (*this set begins the Rag Top Down Chorus*)

- 1 – 5 Leap step R to forward R diagonal, bending R knee, leaving L leg extended out behind you; Return weight to L foot; Rock R back; Return weight to L foot
- 5 – 8 Leap step R to forward R diagonal, bending R knee, leaving L leg extended out behind you; Return weight to L foot; Rock R back; Return weight to L foot

Think of these as 2 fancied up rocking chairs J Arm styling: Arms out like baseball umpire "safe" on cts. 1 and 5

41-48 FOUR KNEE ROLLS MOVING FORWARD

- 1 – 4 Roll R hip & knee CW, stepping forward on R (2 cts); Roll L hip & knee CCW, stepping forward on L (2 cts)
- 5 – 8 Roll R hip & knee CW, stepping forward on R (2 cts); Roll L hip & knee CCW, stepping forward on L (2 cts)

49-56 CROSS SCOOT STEP STEP (*glorified traveling back jazz box*) X2

- 1 – 4 Cross R over L; Scoot back on R (*left knee bent with L foot back*); Step L back; Step R to back right diagonal
- 5 – 8 Cross L over R; Scoot back on L (*right knee bent with R foot back*); Step R back; Step L to left

57-64 KICK CROSS KICK CROSS ~ RUBBER LEGS

- 1 – 4 Kick downward or point R across L, Step R to right, Kick downward or point L across R, Step L to left
- 5 – 8 Step in place R, L, R, L with feet apart, knees bent, knock knees together each time you step.
(step slightly forward on ct. 8)

TAG: End of 3rd wall, facing 9:00. Take 6 slow walks in a big circle R, beginning with R foot. Wave the R index finger in the air as you make the big circle. Come back to the 9:00 wall (12 cts.)

PICK UP: After the tag, pick up the dance on ct. 33 (*1/2 breaks – Rag Top Down Chorus*).

END: Music fades on 9:00 wall after ct. 64 (rubber legs). Turn ¼ left, stepping R forward into lunge. Hands in the baseball umpire "safe" position. Pulse the R heel (and shoulders – optional) to the beat until the song is over.